

Common Ground Retreat

Recommended Packing List

Basic Items!

Bedding: Most people bring a sleeping bag and a pillow. If you plan on bringing sheets and blankets, our beds are twin sized.

Personal Toiletries (i.e. toothbrush and toothpaste, shampoo, etc.)

Towels

Flashlight

Daypack or back pack

Water bottle (keeping hydrated in the dry mountain air is essential)

We also highly recommend lip balm, sunscreen, insect repellent and sunglasses.

Clothing

1 - Jacket

3 - T-Shirts

2 - pair of shorts (depending on the weather)

2 - pair of long pants (sweats or jeans)

Underwear and socks (Enough for 3 days!)

Pajamas (It gets cool at night!) Hat, Scarf, Mittens/Gloves

Sneakers - We are located in the beautiful San Bernardino Mountains and our terrain is not conducive to wearing high heels, sandals and flip-flops for general wear. Although shower sandals are ok

Extras

Pens, pencils, paper

Journal

Deck of cards

Camera

Board games (no T.V.!)